

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equal a mile. Monday - Friday from 8 a.m. until 3:45p.m. **Unless there is a scheduled activity.**



- **OUTSIDE WALKING TRAIL:**

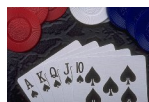
Each lap equals 1/3 mile. Exercise and enjoy the beautiful Winter scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER
DECEMBER, 2014**



• **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every **Wednesday from 9-10:30 a.m.** Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.

REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every Tuesday morning from 10 to 12. Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational and a super way to meet new friends.



December 2nd - Trees & Ornaments
December 9th - Nativity Sets
December 16th - Christmas Jewelry
December 23rd - Merry Christmas Party
December 30th - Happy New Year Party

- **SINGING SENIORS:** Will entertain at the Center's **Christmas Party on December 5th.** They will do their annual caroling at the nursing homes on **Friday, December 19th.**

9:00 a.m. - St. Charles
10:00 a.m.- Brookside
11:00a.m. - Providence Home
11:30 a.m. - 12:30 p.m. Lunch at O.A.C.
1:00 p.m. - Timbers of Jasper
2:00 p.m. - Northwood Retirement
All are welcome to attend any of the Performances!



- **BINGO:** Will be played at **Noon, Tuesdays, December 2nd, 16th & 30th.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

BINGO											
7	25	44	57	62							
15	22	40	50	70							
11	30	46	74								
2	28	37	55	68							
10	27	39	59	75							

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, December 2nd, 16th & 30th.**



- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.





CARD TOURNEYS

- **Thursday, December 4th**
Cinch Tourney
- **Thursday, December 11th**
Rum Tourney
- **Thursday, December 18th**
Sheephead Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

• **TEXAS HOLD'EM**: Will be played **Monday, December 1st at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 10 a.m.** the day of the game.

• **DOMINOES**: The Mexican Train version will be played at **12:30 p.m. Friday, December 19th.** It's a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning. **Please call in by 10 a.m. if you are coming in to play.**



• **PAY-ME**: A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. Friday, December 12th, and Monday the 29th.** Bring your change, we play for 10¢ a round and 25¢ a game. **Please let us know by 10 a.m. if you are coming in to play.**

• **SCRABBLE**: How about a little challenge? Come in and play Scrabble at **12:30 p.m. Tuesdays, December 9th & 23rd.** **Please sign-up by 10 a.m. game day** if you plan to attend.

RAINBOW MESSENGER

• **TRIOLEY**: Bring your pennies to play Tripoley at **12:30 p.m. Tuesday, December 9th and Monday the 22nd.** We have a lot of fun! **Please call in by 10 a.m. game day** if you would like to play.

• **GOLF**: A card game we will play at **12:30 p.m. Wednesday, December 3rd.** The object of the game is to have the lowest number of points after 9 deals. If you have played you know how much fun it is and if you haven't come in and see for your self. It is very easy to learn.

• **PHASE-10**: Will be played at **12:30 p.m. Tuesday, December 23rd.** It is a fun easy card game. We play for a quarter a game. **Please call in by 10:00 a.m. the day of the game** if you would like to play.

• **HEARTS**: Is a fun group game we will play at **12:30 p.m. Monday, December 8th & Friday the 26th.** We play a quarter a game with low score winning. **Call in by 10 a.m.** if you will be able to come in to play.

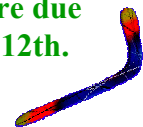


*****SPECIAL ACTIVITIES*****

• **BOOK CLUB**: Will meet **Thursday, December 11th at 12:30 p.m.** We will be discussing, **"Sycamore Row", by John Grisham.** The book is about a man's final wishes - his will and having it carried out the way he wants. It also deals with social issues in today's times. **The group will take a break in January.** The book for February is **"Here, There and Everywhere" by local author, Wanda Blackgrave.** New readers are always welcome!



• **BOOMERAMA**: **Monday, December 15th at 12 p.m.** Jennifer Wilson with Northwood Retirement Community will share with us her thoughts on , "Growing old gracefully and with precious Memories". The presentation is free but there is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday December 12th.**



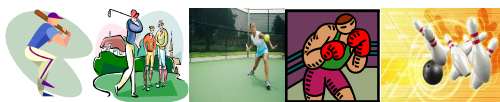
• **LUNCH BUNCH**: Will be at **Fat & Sassy's** located at 403 N Jackson Street in Huntingburg on **Tuesday, December 9th at 11.a.m.** They are known for their delicious food which they offer in 1/2 sandwiches and 1/2 salads for those wanting smaller portions. We always go "dutch treat". Come enjoy the good food, visit with old friends and make new ones! Please **RSVP by 3 p.m. Thursday, December 4th.**



• **MOVIE**: **Wednesday, December 17th at 12:30 p.m.** we will be showing, **"Evergreen Christmas"**. Evie Lee is forced to return to her small hometown of Balsam Falls, Tennessee and her family's once-thriving Christmas Tree farm for her father's unexpected funeral. Torn between pursuing her career and saving her family's legacy, she must decide what it really means to find her place in the world.



- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



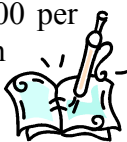
- **PUZZLES:** We have one on the table in the computer room for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. (If you can play on Wednesday please call in by 10 a.m. to let us know)** New players are always welcome.

Write Your Life Story

Martha Rasche will conduct a class for The Older American Center if there is interest. She has held the class at Brookside and St. Charles and it has been well received. It is a 1 hour class for 9 weeks at a cost of \$80.00 per person. All supplies and instruction is included and the end result is your life story. **Call the Center by November 26th to sign-up. Class will begin in early 2015.**



DECEMBER

Mega Cavern Trips



We have scheduled two trips to the Mega Caverns, one on **Monday, December the 8th** and one on **Wednesday, December the 10th.**

Both will leave the Jasper Armory at 2 p.m. and pickup in Huntingburg and Ferdinand. Call the Center if you do not know which day you are scheduled.

Derby Dinner Theater

For those signed up to see **"A Wonderful Life" Thursday, December 18th.** We will leave the **Jasper Armory at 9:30 a.m. on the 18th and pick up in Huntingburg at 9:45.**



The Staff of the Older Americans Center with the Jasper Park Department wishes everyone a Happy & Healthy Holiday Season! We want to thank all of the seniors who have helped us throughout this year. We appreciate everything you do for the Center. You are what makes it a great place to come!



Annual Christmas Party



You are invited to the Center's Christmas party **Friday, December 5th.** We will begin with a meal at **Noon catered by Sanders.** Our menu is: Roasted turkey with gravy or smoked pork loin with cinnamon apples, mashed potatoes, dressing, green beans, cranberry salad, 7-layered salad, dinner rolls, apple or cherry crisp, decaf coffee or iced tea. Entertainment will be by the Singing Seniors and we will have attendance prizes. **Reservations and money are due by Thursday, November 20th. ***A shuttle will run every 15 minutes from the Armory parking lot to the front door of The Center from 10 a.m. until 3 p.m. We hope you take advantage of our "valet service."**



***** 2015 NEWSLETTER *****

It is time to sign-up to have the 2015 Rainbow Messenger mailed to you each month. The fee for the entire year is \$7.00. Make checks payable to Older American Center & include your address. The newsletter is available free for you to pick up at the Center in Jasper, Huntingburg's Senior Center, Meadowood & Ferdinand's Center. Also available online at www.jasperindiana.gov.



BIRTHDAY & ANNIVERSARY: If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day.

- **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

CENTER CLOSINGS



The Oder American Center will be closed on the following dates:

Wednesday & Thursday

December 24th & 25th

Wednesday & Thursday

December 31st & January 1st

HAPPY BIRTHDAY

DECEMBER

2 nd	Carol Krodel
3 rd	Marian Hopf
3 rd	Carol Zehr
4 th	Louise Ubelhor
5 th	Shirley Knust
9 th	Nancy Kreilein
10 th	Mary letterman
11 th	Aline Weyer
14 th	Mariemma Huebner
27 th	Marjorie Lampert
30 th	Barney Moeller
30 th	Betty Stenftenagel
31 st	Pat Dunkel



Anniversaries

DECEMBER

6 th	Vicki & Leroy Welp
29 th	Marjorie & Alphonse Lampert



Recipe Exchange

Crescent Roll Dessert

Ingredients:

- 2 - 8 ounce cans Pillsbury crescent rolls
- 2 - 8 ounce Philadelphia cream cheese
- 1- cup sugar
- 1/2 to 1- teaspoon cinnamon
- 1- egg separated (yolk from white)
- 1 - teaspoon vanilla

Grease a 9" x 13" pan. Place a can of crescent rolls in bottom and seal along all the perforations. Beat the cream cheese, egg yolk, sugar and vanilla until smooth. Pour over the crescent rolls. Cover with the second can of crescent rolls. Beat the egg white slightly and spread over the top of rolls. Sprinkle with sugar mixed with cinnamon.. Bake at 325° for 30 to 35 minutes until the crust is brown. Cool to room temperature and cut into squares.

Submitted by: Kris Hochmeister, Ruth Peachee's recipe

Have a good recipe to share? We would be happy to publish it.